

Dr Will Curvis

BSc (Hons), MSc, D. Clin. Psychol.
Registered Clinical Psychologist



Clinical Psychologist

I have substantial experience in neuropsychological assessment, rehabilitation and therapy with adults and older people. I have a particular interest in neuropsychological assessment, Mental Capacity Act (2005) assessment, and neuropsychological therapy with people who have experienced an acquired brain injury. My clinical roles to date have equipped me with experience of working with people, their families and the multi-disciplinary professionals involved in their care, to support optimal clinical outcomes and psychological wellbeing.

Contact details

I undertake private work as an associate with Newby Psychological Services and can be contacted at: info@newbypsychological.co.uk / +44 (0)7775 437363

Qualifications

Doctorate in Clinical Psychology

Lancaster University – 2015

MSc Advanced Practice Interventions for Mental Health in Primary Care

Manchester University – 2011

PG Certificate – APIMH (Primary care mental health worker training)

Manchester University – 2009

BSc Psychology

University of Central Lancashire – 2007

Membership of Professional Bodies

- Registered Clinical Psychologist - Health Care Professions Council (HCPC)

Experience

September 2018 – present

Clinical Psychologist in Neuropsychology, Salford Royal NHS Foundation Trust

The main focus of this role is to provide a specialist clinical psychology service to the neurosurgery wards, to support the assessment and cognitive rehabilitation of people in the stages of acute recovery from neurosurgical intervention - including psychological, emotional, cognitive and behavioural issues. The role also involves providing neuropsychological assessment, rehabilitation and therapy on an outpatient basis to people with a neurological problem including acquired brain injury, multiple sclerosis and epilepsy.

Clinical Tutor

October 2017 – present

Doctorate in Clinical Psychology, Lancaster University

My role as a clinical tutor is to support the training pathway for people on the clinical psychology doctorate programme. I am involved with the coordination and delivery of learning and assessment around the cognitive and physical health aspects of the course.

Clinical Psychologist

September 2015 – present

Aintree University Hospital NHS Foundation Trust

A&E: This role involved supporting identification of psychological issues underpinning frequent A&E presentations through direct psychological assessment and intervention, alongside consultation with medical//therapies colleagues within A&E and acute wards to support case management, care/discharge planning, and cognitive rehabilitation. The focus of this role was to support the psychological needs of people presenting at A&E with complex or poorly managed pain or long-term physical health conditions, within a biopsychosocial framework.

Major Trauma: This role involved providing psychological assessment, intervention and rehabilitation to patients following polytrauma injuries and/or traumatic brain injury; often following a consultation model, aiming to primarily support patients on the ward through formulation, advice and MDT care planning in relation to the psychological, emotional, cognitive and behavioural issues that might be seen following a major trauma incident. This included providing an interface with Trauma Network services (for example, mental health and rehabilitation services and other relevant agencies/services) to support best care and treatment planning.

Trainee Clinical Psychologist

Sept 2012 – August 2015

Lancaster University/Lancashire Care NHS Foundation Trust

Clinical placements included:

- Tier 3 CAMHS, where I worked with young people (5-18 years old) and families.
- Adult inpatient mental health service supporting people who were admitted voluntarily or under a section of the Mental Health Act.

- Community neurological rehabilitation team, supporting people with a range of acquired brain injuries and neurological conditions.
- Community learning disability team, which involved 1-1 work (adapted CBT and CAT techniques) and systemic working through families and staff teams.
- Specialist placement, across two acute neurological rehabilitation and trauma assessment hospital wards.
- Innovative placement in Uganda, contributing to various projects including helping facilitate workshops for professionals and mental health service users in Uganda to explore how recovery is conceptualised and what factors might help or hinder the process.

Relevant academic/research interests include work on professional identity, including issues around use of effort/symptom validity tests in neuropsychology settings and cognitive rehabilitation. I have published research examining the use of the Strengths and Difficulties questionnaire in young children. My thesis research explored self-esteem and social anxiety following acquired/traumatic brain injury, and two papers have recently been published in a high impact international peer-reviewed academic journal.

Locality Lead Primate Care Mental Health Worker March 2011 – August 2012

Lancashire Care NHS Foundation Trust, Preston

Alongside a PCMHW clinical role, I was responsible for providing line management and supervision to the PCMHW team. In addition to overseeing service provision and conducting routine audit I led the locality in service development, liaising with service managers and local GPs. I was also responsible for the development and introduction of psychoeducation groups around anxiety and depression, in addition to mental health promotion.

Primary Care Mental Health Worker

October 2008 – March 2011

5 Boroughs Partnership NHS Foundation Trust, Wigan

I delivered guided self-help interventions and brief psychological therapy based on cognitive-behavioural principles, supporting people with common mental health problems (e.g. anxiety and depression). I was also the service lead for older adults, which contributed to my decision to examine barriers facing older adults in accessing mental health services for my masters dissertation.

Support Worker/Community Outreach Support Worker

July 2007 – August 2012

Spire Supported Housing, Preston

This role involved working with people with varying degrees of learning disabilities or mental health problems. As a support worker my role was to support people to live independently in their own homes, provide respite for families and promote the social and emotional wellbeing of service users.

Relevant CPD

Iberoamerican Congress of Neuropsychology

Lancaster University – 2015

Route to Recovery: Recent developments in the management of acquired brain injury

Headway - 2014

Tackling self-harm and suicide in school age children and young people

Nottingham University – 2014

CBT for psychosis: Using a narrative approach to facilitate recovery/working with adolescents with psychosis

King's College London – 2013

Identifying and working with childhood sexual abuse

Nottingham University – 2013

Working with self-harm using CAT

Catalyse - 2013

Publications

Curvis, W., McNulty, S., & Qualter, P. (2014). The validation of the self-report Strengths and Difficulties Questionnaire for use by 6- to 10-year-old children in the UK. *British Journal of Clinical Psychology*, 53(1), 131–137. <http://doi.org/10.1111/bjc.12025>

Curvis, W., Simpson, J., & Hampson, N. (2016a). Factors associated with self-esteem following acquired brain injury in adults: A systematic review. *Neuropsychological Rehabilitation*, 1–42. <http://doi.org/10.1080/09602011.2016.1144515>

Curvis, W., Simpson, J., & Hampson, N. (2016b). Social anxiety following traumatic brain injury: an exploration of associated factors. *Neuropsychological Rehabilitation*, 1–21. <http://doi.org/10.1080/09602011.2016.1175359>

References

Dr Mark Griffiths

Lead Clinical Psychologist

Aintree University Hospital NHS Trust

Dr Anna Daiches

Clinical Director

Doctorate in Clinical Psychology, Lancaster University

Reference contact details available on request