

# Dr. Natalie Hampson

BSc (Hons), MRes, D.Clin.Psychol, CPsychol, PGDip, QiCN, AFBPsS

## Clinical Neuropsychologist



I have substantial experience working with people with neurological conditions in acute, outpatient and community settings. I have expertise in providing rehabilitation for individuals with neurological impairments, their families/carers and multidisciplinary teams. Examples of such interventions include neuro-rehabilitation for cognitive impairments, management of behaviour and personality change, education and support, and therapy for difficulties associated with adjustment, anger, anxiety, depression, and trauma. I also specialise in the assessment of acquired brain injury and neurological disorders, including administering and interpreting a wide range of neuropsychological assessments, conducting complex capacity and risk assessments, and providing comprehensive reports to help inform treatment decisions and rehabilitation needs.

## Contact details

I undertake private work as an associate with Newby Psychological Services and can be contacted at: [info@newbypsychological.co.uk](mailto:info@newbypsychological.co.uk) / +44 (0)7775 437363

## Qualifications

### Qualification in Clinical Neuropsychology

British Psychological Society - 2015

### Post Graduate Diploma in Clinical Neuropsychology

University of Glasgow - 2013

### Doctorate in Clinical Psychology

University of Leeds - 2009

### Master of Research in Psychology

University of Manchester - 2003

### BSc (Hons) Psychology

Lancaster University - 2001

## Membership of Professional Bodies

- Registered Clinical Psychologist with the Health and Care Professionals Council (Reg: PYL23927)
- Chartered Membership of the British Psychological Society (BPS Reg:167113)
- Associate Fellow of the British Psychological Society (AFBPsS)
- Practitioner Full Member of the BPS Division of Neuropsychology
- Entered on the Specialist Register of Clinical Neuropsychologists (searchable at: <http://www.bps.org.uk/bpssearchablelists/SRCN>)

## Other appointments

- Neuropsychology Scientific Advisor - Eden Dora Trust for Childhood Encephalitis
- Human Tissue Authority Accredited Assessor – November 2017

## Experience

### Associate Clinical Neuropsychologist

August 2016 – present

#### **Newby Psychological Services Ltd**

PO Box 561, Northwich, Cheshire, CW9 9FH

In my role with Newby Psychological Services I provide neuropsychological rehabilitation and therapy and undertake neuropsychological and capacity assessments to support clients, families and staff with managing the impact of neurological injury and illness.

### Principal Clinical Neuropsychologist

June 2019 - present

#### **Greater Manchester Mental Health NHS Foundation Trust, Oakwood ABI Service**

I am currently the lead neuropsychologist in a specialist inpatient neurorehabilitation service for people with severe brain injuries. I undertake neuropsychological assessments, rehabilitation, capacity assessments and challenging behaviour interventions. I provide support and consultation to all clinical and support staff, including training in the management of cognitive and behavioural problems as a result of brain injury. I also frequently liaise with wider professionals, funders and commissioners.

### Senior Clinical Neuropsychologist

July 2016 – May 2019

#### **Sheffield Children's Hospital NHS Foundation Trust**

As the sole neuropsychologist for inpatient neurosciences I provided direct assessment and rehabilitation for children and their families across a diverse range of developmental and acquired neurological difficulties. I also worked closely with multidisciplinary colleagues and provided regular consultation to a range of professionals.

### Senior Clinical Neuropsychologist

November 2009 – June 2016

#### **Salford Community Neuro-rehabilitation Team, Salford Royal NHS Foundation Trust**

I led the neuropsychology service within a neuro-rehabilitation team, providing specialist assessment and treatment to people with a range of neurological conditions, including acquired brain injury and neurological disorders. I was also the lead on a variety of innovative service developments, including improvements to managing complex cases with high levels of risk in the community.

### Psychologist in Clinical Training

September 2006 – September 2009

#### **Leeds Teaching Hospitals NHS Foundation Trust**

I successfully completed clinical placements across child and adolescent, adult, older adult, and neuropsychology specialities, with a particular focus on neuropsychology across all placements.

### Assistant Psychologist

October 2005 – September 2006

#### **Central Manchester and Manchester Children's University Hospitals NHS Trust**

I worked with children and families with a range of mental health problems and neurological disorders.

### Research Assistant

March 2004 – October 2005

#### **Galen Research, Manchester Science Park**

My work specialised in the development and validation of outcome measures for use in clinical trials.

## Relevant CPD

Deprivation of Liberty in a Community Setting – Irwin Mitchel (2019)  
Spinal Cord Injury – Sheffield Children’s Hospital (2017)  
Multidisciplinary Paediatric Neurorehabilitation in Acute Settings - King’s College Hospital (2016)  
Presenting Evidence of Neurological Executive Function Deficit in Court - Irwin Mitchell (2014)  
Mock Trial - The Role of an Intermediary - Irwin Mitchell (2014)  
Expert Report Writing - Irwin Mitchell Solicitors (2013)  
Clinical Supervisor Training - Lancaster University (2013)  
Presenter at the Multiple Sclerosis ‘Keep Calm and Carry On’ Conference - MS Society (2012)  
Mental Capacity: Assessment, Cases and Reports - Lancaster University (2011)  
Introduction to Acceptance and Commitment Therapy - Integrated Mindfulness Training (2010)

## Publications

- Hampson, N., King, L., Eriksson, L-M., & Smee, H. (2019). The effects of relaxation training on depression and anxiety in people living with long-term neurological conditions. *Disability and Rehabilitation*, 41. DOI: 10.1080/09638288.2018.1554009.
- Curvis, W., Simpson, J., & Hampson, N. (2016a). Factors associated with self-esteem following acquired brain injury in adults: A systematic review. *Neuropsychological Rehabilitation*, 1-42. <http://doi.org/10.1080/09602011.2016.1144515>
- Curvis, W., Simpson, J., & Hampson, N. (2016b). Social anxiety following traumatic brain injury: exploration of associated factors. *Neuropsychological Rehabilitation*, 1-21. <http://doi.org/10.1080/09602011.2016.1175359>
- Hampson, N. E. (2016). Neuropsychological assessment of myotonic dystrophy type 1: a case study. *Psychology of Older People Special Edition – Psychological Working with Neurodegenerative Diseases*, 136, 9-14.
- Hampson, N. E., Miller, C., & King, L. (2016). Initial development of a pathway for managing the cognitive and psychological symptoms associated with Parkinson’s Disease. *Psychology of Older People: FPOP Bulletin Special Edition – Psychological Working with Neurodegenerative Diseases*, 136, 15-20.
- King, L., Hampson, N., Flint, A. & Speake, G. (2016). Evaluation of a psychological skills group for people with multiple sclerosis. *Clinical Psychology Forum Special Issue: Service Innovation*, 288, 28-33.
- Kemp, S., Duff, A. & Hampson, N.E. (2016). A prospective longitudinal study into the neuropsychological and neuroimaging consequences of playing football. *Brain Injury*, 16, 1-7.
- Hampson, N.E. (2014). Structured Rehabilitation Programmes for People with Neurological Conditions: Relaxation. Salford Royal NHS Foundation Trust.
- Hampson, N.E., Kemp, S., Moulin, C, Coughlan, A.K. & Bhakta, B. (2014). Effort Test Performance in Clinical Acute Brain Injury, Community Brain Injury, and Epilepsy Populations. *Applied Neuropsychology: Adult*, 21, 183-194.
- Halstead, J.E. & Hampson, N.E. (2008) Helpful aspects of therapy: A comparison of three classification systems. Poster presented as part of the 39th Society for Psychotherapy Research International Conference, Barcelona.
- Hampson, N.E., Meads, D.M., McKenna, S.P., Doward, L.C. & Turk, F. (2005). Factors influencing quality of life in atopic dermatitis. *Value in Health*, 8 (6): A149. (Receiving ‘Best New Investigator’ poster presentation award at The International Society for Pharmacoeconomics and Outcomes Research 8th Annual European Conference).
- Meads, D.M., Hampson, N.E., Fisk, J.D., McKenna, S.P., Doward, L.C. & Mayo, K.W. (2005). Rasch analysis of the Fatigue Impact Scale. *Value in Health*, 8 (6): A70.
- Doward, L.C., McKenna, S.P., Meads, D.M., Kavyasiddhi, D., Hampson, N.E. & Mayo, K.W. (2005). The symptomatic, functional and quality of life impact of multiple sclerosis: report on a qualitative investigation of the patients’ perspective. *Value in Health*, 8 (6): A135.

## References

**Dr Russell Sheldrick**  
Head of Neuropsychology Dept  
Salford Royal NHS Foundation Trust

**Dr Steven Kemp**  
Consultant Clinical Neuropsychologist  
Leeds Teaching Hospitals NHS Trust

Reference contact details available on request