

# Dr Róisín Cunningham

MA (Hons), MSc. Clin Psy., PhD, D. Clin. Psychol.  
Registered Clinical Psychologist



## Clinical Psychologist

Within my own clinical practice, predominantly in physical health with an emphasis on Acquired Brain Injury, I draw from a variety of approaches, particularly Acceptance and Commitment Therapy, mindfulness and Cognitive Behaviour Therapy. My NHS clinical work involves supporting the rehabilitation of cognitive functions, such as memory, attention and executive functioning, whilst promoting psychological adjustment to people's changed life circumstances. Therapeutically, I have extensive experience in supporting adjustment following a brain injury, recognising the need to consider neuropsychological, psychological and systemic factors throughout this process. I particularly value basing this work on individualised formulations integrating psychological concepts and models.

## Contact details

I undertake private work as an associate with Newby Psychological Services and can be contacted at:  
info@newbypsychological.co.uk / +44 (0)7775 437363

## Qualifications

### Doctorate in Clinical Psychology

University of Liverpool – 2013

### PhD ('Caregiving in late-life depression')

University of Liverpool – 2010

### MSc Foundations of Clinical Psychology

University of Wales, Bangor – 2006

### MA (Hons) Psychology (2:1 Class Degree) (with Graduate Basis for Chartered Membership)

University of Aberdeen – 2004

## Membership of Professional Bodies

- Registered Clinical Psychologist - Health Care Professions Council (HCPC)
- British Psychological Society (BPS)

## Experience

**Associate Clinical Neuropsychologist** November 2017 – present

**Newby Psychological Services Ltd PO Box 561, Northwich, Cheshire, CW9 9FH**

In my role with Newby Psychological Services I undertake specialist neuropsychological assessment and provide neuropsychological rehabilitation to clients and their families. In addition I undertake assessments of capacity and provide consultation to staff and professionals in order to meet the needs of individuals with ABI and maximise their independence and quality of life.

**Principal Clinical Psychologist (8b)** July 2018 – present

**Liverpool University Hospitals NHS Foundation Trust**

Within this role, I act as a clinical specialist within a number of clinical areas, including Stroke, Major Trauma & Behçet's Disease (Under the Behçet's Disease Centre of Excellence) in addition to leadership duties and supervision.

**Senior Clinical Psychologist (8a)** January 2015 – present

**Aintree University Hospital NHS Foundation Trust**

Within this role, I act as a clinical specialist within a number of clinical areas, including Stroke, Major Trauma & Behçet's Disease (Under the Behçet's Disease Centre of Excellence).

**Clinical Psychologist (B7) (0.6 WTE)** September 2013 – January 2015

**5 Boroughs Partnership NHS Foundation Trust**

As a band 7 clinical psychologist working in the Learning Disabilities Directorate I was responsible for direct therapy with patients, indirect and consultation working with care home and support providers, as well as patient's families. I was also responsible for eligibility assessments for entry into LD services.

**Clinical Psychologist (B7) (0.5 WTE)** September 2013 – January 2015

**Bridgewater Community Healthcare NHS Foundation Trust**

This post was based at the Warrington ABI and community neuro team. I was involved in the Stroke psychology service, providing emotional support and therapy for patients following their stroke. In my ABI role, I was responsible for neuropsychological assessment and rehabilitation.

**Trainee Clinical Psychologist** September 2010 – September 2013

**University of Liverpool/ Mersey Care NHS Trust**

I completed my D. Clin. Psychol. at the University of Liverpool. The course has three aspects; academic teaching covering a wide variety of psychological theories and their application to clinical practice material, clinical placements in the four core specialties as well as elective placements in the final year, and research skills.

## Research Associate/ Demonstrator

October 2009 – September 2010

**Dept. of Psychology, University of Liverpool**

During my PhD studies and for a time afterwards, I held two positions within the Department of Psychology. In my role as demonstrator I had a variety of responsibilities including undergraduate lecturing on statistics and research methods, giving undergraduate tutorials and seminars, including practical SPSS classes, and marking of assessed coursework and exams. In my role as a research associate, I was responsible for data collection and analysis, dissemination of findings at a local and national level, including service-user feedback, supervision of undergraduate research projects and data analysis. As well as research, I was required to lecture to final year students.

## Relevant CPD

### Complex Neuropsychological Cases Peer Supervision

Aintree University Hospital NHS Trust – ongoing

### Cognitive Analytic Therapy in Physical Health (one-day)

Catalyse - 2020

### Institute of Leadership and Management Level 5 diploma

Institute of Leadership and Management – 2019

### BPS Approved Certificate in Trauma Treatments

SDS – 2018

### Clinical Supervisor Training

University of Liverpool - 2015

### Cognitive Problems following Stroke

UK Stroke Forum – 2015

### Psychological adjustment following Stroke

UK Stroke Forum – 2015

### Positive Behavioural Support

Institute for Applied Behaviour Analysis, Manchester – 2014

### Two-day Introduction to Cognitive Analytic Therapy

Association for Cognitive Analytic Therapy (ACAT) - 2013

## References

### **Dr Jane Hutton**

Lead Consultant Clinical Psychologist  
Liverpool University NHS Trust

### **Dr Melissa James**

Principal Clinical Psychologist  
North West Boroughs NHS Trust

Reference contact details available on request