

# Dr Lizzy Atkins

BSc(Hons), MPhil, PsychD, CPsychol, PGDip, AFBPsS

## Clinical Neuropsychologist



I have extensive experience of neuropsychological assessment with a number of patient populations and have worked in a variety of settings to help individuals cope with the cognitive, emotional and behavioural sequelae of traumatic brain injury and other neurological conditions.

I have an excellent understanding of the psychosocial consequences of acute and chronic illness and the role of clinical psychology. I enjoy working in an inter-disciplinary team and the opportunity to provide useful psychological perspectives to other professionals.

## Relevant Registrations and Affiliations:

- Specialist Register of Clinical Neuropsychologists
- Registered Practitioner Psychologist, Clinical Psychologist with the Health & Care Professions Council
- Chartered Psychologist and an Associate Fellow of the British Psychological Society
- Full Member of the Division of Clinical Psychology of the British Psychological Society
- Full Member of the Division of Neuropsychology of the British Psychological Society
- Member of the UK Acquired Brain Injury Forum
- Honorary Lecturer at the University of Plymouth

## Teaching & Training:

- Qualification in Clinical Neuropsychology (QiCN) conferring membership of the Specialist Register of Clinical Neuropsychologists – April 2018
- PG Diploma (Distinction) in Applied Clinical Neuropsychology, University of Bristol – 2013-15
- Doctorate in Clinical Psychology, Oxford Doctoral Course in Clinical Psychology. Research thesis entitled “Self-reported executive dysfunction and health status in individuals with multiple sclerosis” - 1999-2002

- Master of Philosophy, University of Nottingham. Research thesis entitled “Measurement of work related upper limb pain” – 1996-1998
- Bachelor of Science in Psychology (First Class), University of Nottingham. Confers Graduate Basis for Registration with the British Psychological Society - 1992-1995

## Experience:

**Associate Clinical Neuropsychologist** **Sept 2018 – present**  
**Newby Psychological Services Ltd, Northwich, Cheshire**

In my role with Newby Psychological Services, I have specialised in undertaking capacity assessments for clients who have suffered an acquired brain injury and other neurological conditions.

**Consultant Neuropsychologist,**  
**Livewell South West** **2014 – present**

I am the lead for Clinical Neuropsychology services within the Organisation, managing the provision of neuropsychology across a range of services, including the Regional Specialist Neurological Rehabilitation Unit, the Stroke Rehabilitation Unit and the Community Neuropsychology Service. I provide clinical input for complex patients on the neuro-rehab ward and provide a general neuropsychological community clinic.

**Principal Clinical Psychologist,**  
**Plymouth Community Healthcare** **2014 – 2008**

I was clinical lead for Neuropsychology within the Plym Neurological Rehabilitation Unit. This involved the provision of individualised neuropsychological assessment and intervention for individuals with highly complex neurological conditions, focusing on the cognitive, emotional and behavioural sequelae, supporting staff teams, carers and family members.

**Clinical Psychologist, Clinical Health Psychology Service,**  
**Torbay Hospital, Torquay** **2008 – 2005**

I provided individual and group psychological assessment and intervention for patients with a wide range of health conditions and related psychological difficulties. My role included the development of a specialist MDT service for people with CFS/ME.

**Clinical Psychologist in Neuropsychology, Burtons Healthcare, Whangarei,  
New Zealand** **2005 – 2003**

I provided neuropsychological assessment, neuro-therapy, vocational rehabilitation and cognitive rehabilitation for individuals following brain and spinal cord injury, commissioned by public case managers. The post involved leading in the development of a specialist mild traumatic brain injury service.

**Clinical Psychologist, Older Adult Psychology Service, Churchill Hospital,  
Oxford** **2003 – 2002**

I provided neuropsychological and psychological assessment and interventions for older adults with mental health difficulties and dementia in the community and inpatient setting.

### **Publications:**

Atkins, L, Newby, G and Pimm, J (2012) Normative Data for the Hospital Anxiety and Depression Scales (HADS) in Multiple Sclerosis, Social Care and Neurodisability, 3 (4), p156

### **References:**

Reference contact details available on request

### **Contact Details**

I undertake private work as an associate with Newby Psychological Services and can be contacted at: [info@newbypsychological.co.uk](mailto:info@newbypsychological.co.uk) / +44 (0)7775 437363