

Dr Rachael McNulty

BSc (Hons), D.Clin.Psychol, CPsychol, PGDip

Clinical Neuropsychologist



Summary:

Over the last 18 years I have gained extensive experience working with adults with acquired brain injury and a wide array of neurological conditions in acute, outpatient, community and forensic settings. I have expertise in neuropsychological assessment, the provision of neurorehabilitation and consultation within multi-disciplinary teams. I have significant experience in the development and delivery of services for individuals with acquired brain injury and the training and supervision of other professionals working within the field. In addition, I have a particular interest in the management of risk following traumatic brain injury and the impact this can have on the capacity to make informed decisions.

Relevant Professional Qualifications:

- Post Graduate Diploma in Clinical Neuropsychology, 2009, University of Glasgow
- Doctorate in Clinical Psychology, 2006, Lancaster University
- BSc Psychology, 2000, University of North Wales (Bangor)

Membership of Professional Bodies:

- Registered Clinical Psychologist (Health Professions Council)
- Full Member of the British Psychological Society

Relevant CPD:

- 2020 BABICM event Decisions, Decisions – The Way Forward: Supporting Capacious Choices in Litigation
- 2020 Neuro-ACT – working with people with severe TBI and executive impairments / reduced insight
- 2019 3 day course, The compassionate Mind Foundation, Advanced skills & Practice of CFT
- 2019 6 week mindfulness course, breathworks Manchester
- 2019 3 day course, The compassionate Mind Foundation, An introduction to Theory & Practice of CFT
- 2019 Alcohol related brain damage, Neurotriage.
- 2019 Advanced Supervisor Workshop
- 2018 Personal injury mock trial, evening seminar hosted by Irwin Mitchell Solicitors
- 2018 Introduction to using Court of Protection, Peter Edwards Law

- 2017 BIRT Conference: Pioneering approaches, research and practice; the new world of brain injury rehabilitation, 2 days in Glasgow
- 2017 Dancing with neurons: The neurobehavioural approach applied. Afternoon seminar by the Brain Injury Rehabilitation Trust.
- 2017 Navigating the Mind Field: Mild Traumatic Brain Injury
- 2016 3 day course, Acceptance and Commitment therapy
- 2016 A Masterclass in Epilepsy
- 2015 BIRT conference: The future of brain injury rehabilitation

Teaching & Training:

- Brain Injury Screening of MP's, Houses of Parliament June 2019
- Neuropsychologically Informed Rehabilitation, 5 day course, Rampton Hospital 2018
- Making the Link, Launch in Parliament February 2019
- Neuropsychologically Informed Rehabilitation, 4 day course 2018 – 2019
- Division of Forensic Psychology, BPS conference 2018
- National Offender Management Service conference 2016. The Nature of Brain Injury in Prisons and the community
- Honorary lecturer at Lancaster University August 2009 – August 2013

Experience:

Associate Clinical Neuropsychologist

October 2019 – present

Newby Psychological Services Ltd PO Box 561, Northwich, Cheshire, CW9 9FH

In my role with Newby Psychological Services I undertake specialist neuropsychological assessment and provide neuropsychological rehabilitation to clients and their families. In addition I undertake assessments of capacity and provide consultation to staff and professionals in order to meet the needs of individuals with ABI and maximise their independence and quality of life.

Principle Clinical Psychologist

August 2008 – October 2021

Bolton NHS Foundation Trust Brightmet Health Centre, Bolton, BL2 6NT

Within my role in the NHS I was lead clinical neuropsychologist for the community neurorehabilitation team and the neurology service. I provided specialist assessment and treatment to adults and their families with a wide range of neurological conditions including TBI, MND, Multiple Sclerosis and epilepsy. I also provided consultation within the Multidisciplinary team for complex cases of risk management and issues relating to capacity. I worked regionally with specialist inpatient units to improve patient pathways and support successful discharge back into the community. I was also involved in the supervision of other professionals and trainee clinical psychologists.

Consultant Clinical Psychologist & Clinical Lead **July 2013 – December 2019**

The Disabilities Trust; 3 Westgate Court, Silkwood Park, Wakefield WF5 9TJ

My role within the Disabilities Trust involved the development and delivery of brain injury services within prisons and community settings working with offenders and the homeless population. I was clinical lead for the community and female offender projects and led a national pilot funded by the Ministry of justice across sites in England and Wales. I was involved in providing identification, assessment and rehabilitation for offenders with a history of acquired brain injuries and the supervision of staff within prisons. Recognised as a national expert I was involved in consulting with the All Party Parliamentary Group on Brain Injury and the British Psychological Society's Working Party on Brain Injury and Offending. I was an invited speaker to national conferences, a trainer in neuropsychologically informed rehabilitation and lead researcher on a recent prevalence study launched in Parliament in 2019.

Clinical Psychologist

September 2009 – July 2013

Preston INRU; Lancashire teaching hospital Foundation Trust

I worked as part of a MDT providing inpatient assessment and treatment to patients with a wide range of neurological conditions. I also worked within the outpatient neuropsychology service completing highly specialist assessments in dementia and mood disorders.

Clinical Psychologist

August 2008 – Sept 2009

Specialist Weight Management Team; Bolton Primary Care Trust

I worked as part of a multidisciplinary team developing a new service for specialist weight management. I provided psychological assessment in relation to disordered eating and assessment for bariatric surgery for patient with complex co morbid physical health difficulties. Working closely with the MDT using a biopsychosocial approach to the management of obesity I used an integrative approach within my therapeutic work.

Clinical Psychologist

March 2007 - August 2008

St Mary's Hospital; Acquired Brain Injury unit, (Secure services) Warrington

I worked within a medium secure hospital providing specialist assessment and treatment to men with acquired brain injury. My role involved the development of neurobehavioural programmes to support rehabilitation and the management of challenging behaviours. I was also involved in the development and delivery of a cognitive neurorehabilitation training package (5 days) for staff working within the unit.

I provided assessment and treatment for patients with a range of physical health difficulties including pain, diabetes, respiratory disorder and heart disease. I worked within a biopsychosocial model delivering integrative therapy.

References:

Reference contact details available on request

Contact Details

I undertake private work as an associate with Newby Psychological Services and can be contacted at: info@newbypsychological.co.uk / +44 (0)7775 437363