

Dr. Natalie Hampson

BSc (Hons), MRes, D.Clin.Psychol, CPsychol, PGDip, QiCN, AFBPsS



Consultant Clinical Neuropsychologist

I have substantial experience working with people with neurological conditions in acute, outpatient and community settings. I have expertise in providing rehabilitation for individuals with neurological impairments, their families/carers and multidisciplinary teams. Examples of such interventions include neuro-rehabilitation for cognitive impairments, management of behaviour and personality change, education and support, and therapy for difficulties associated with adjustment, anger, anxiety, depression, and trauma. I also specialise in the assessment of acquired brain injury and neurological disorders, including administering and interpreting a wide range of neuropsychological assessments, conducting complex capacity and risk assessments, and providing comprehensive reports to help inform treatment decisions and rehabilitation needs.

Contact details

I undertake private work as an associate with Newby Psychological Services and can be contacted at: info@newbypsychological.co.uk / +44 (0)7775 437363

Qualifications

Qualification in Clinical Neuropsychology

British Psychological Society - 2015

Post Graduate Diploma in Clinical Neuropsychology

University of Glasgow - 2013

Doctorate in Clinical Psychology

University of Leeds - 2009

Master of Research in Psychology

University of Manchester - 2003

BSc (Hons) Psychology

Lancaster University - 2001

Membership of Professional Bodies

- Registered Clinical Psychologist with the Health and Care Professionals Council (Reg: PYL23927)
- Chartered Membership of the British Psychological Society (BPS Reg:167113)
- Associate Fellow of the British Psychological Society (AFBPsS)
- Practitioner Full Member of the BPS Division of Neuropsychology
- Entered on the Specialist Register of Clinical Neuropsychologists (searchable at: <http://www.bps.org.uk/bpssearchablelists/SRCN>)

Other appointments

- Neuropsychology Scientific Advisor - Eden Dora Trust for Childhood Encephalitis
- Human Tissue Authority Accredited Assessor – November 2017

Experience

Consultant Clinical Neuropsychologist
Associate Clinical Neuropsychologist
Newby Psychological Services Ltd

PO Box 561, Northwich, Cheshire, CW9 9FH

December 2021 - present
August 2016 – December 2021

In my role with Newby Psychological Services I provide neuropsychological rehabilitation and therapy and undertake neuropsychological and capacity assessments to support clients, families and staff with managing the impact of neurological injury and illness. I frequently work closely with Case Managers, Solicitors and MDT professionals.

Consultant Clinical Neuropsychologist
Principal Clinical Neuropsychologist
Leonard Cheshire, Oakwood ABI Rehabilitation Service

April 2023 - present
June 2019 – March 2023

I am currently the consultant neuropsychologist in a specialist inpatient neurorehabilitation service for people with severe brain injuries. I undertake neuropsychological assessments, cognitive rehabilitation, capacity assessments and psychological interventions. I provide support and consultation to all clinical and support staff, including training in the management of cognitive and behavioural problems as a result of brain injury. I also frequently liaise with wider professionals, funders and commissioners.

Senior Clinical Neuropsychologist
Sheffield Children's Hospital NHS Foundation Trust

July 2016 – May 2019

As the sole neuropsychologist for inpatient neurosciences I provided direct assessment and rehabilitation for children and their families across a diverse range of developmental and acquired neurological difficulties. I also worked closely with multidisciplinary colleagues and provided regular consultation to a range of professionals.

Senior Clinical Neuropsychologist
Salford Community Neuro-rehabilitation Team, Salford Royal NHS Foundation Trust

November 2009 – June 2016

I led the neuropsychology service within a neuro-rehabilitation team, providing specialist assessment and treatment to people with a range of neurological conditions, including acquired brain injury and neurological disorders. I was also the lead on a variety of innovative service developments, including improvements to managing complex cases with high levels of risk in the community.

Psychologist in Clinical Training
Leeds Teaching Hospitals NHS Foundation Trust

September 2006 – September 2009

I successfully completed clinical placements across child and adolescent, adult, older adult, and neuropsychology specialities, with a particular focus on neuropsychology across all placements.

Assistant Psychologist
Central Manchester and Manchester Children's University Hospitals NHS Trust

October 2005 – September 2006

I worked with children and families with a range of mental health problems and neurological disorders.

Research Assistant
Galen Research, Manchester Science Park

March 2004 – October 2005

My work specialised in the development and validation of outcome measures for use in clinical trials.

Relevant CPD

Deprivation of Liberty in a Community Setting – Irwin Mitchel (2019)
Spinal Cord Injury – Sheffield Children’s Hospital (2017)
Multidisciplinary Paediatric Neurorehabilitation in Acute Settings - King’s College Hospital (2016)
Presenting Evidence of Neurological Executive Function Deficit in Court - Irwin Mitchell (2014)
Mock Trial - The Role of an Intermediary - Irwin Mitchell (2014)
Expert Report Writing - Irwin Mitchell Solicitors (2013)
Clinical Supervisor Training - Lancaster University (2013)
Presenter at the Multiple Sclerosis ‘Keep Calm and Carry On’ Conference - MS Society (2012)
Mental Capacity: Assessment, Cases and Reports - Lancaster University (2011)
Introduction to Acceptance and Commitment Therapy - Integrated Mindfulness Training (2010)

Publications

- Hampson, N., King, L., Eriksson, L-M., & Smee, H. (2019). The effects of relaxation training on depression and anxiety in people living with long-term neurological conditions. *Disability and Rehabilitation*, 41. DOI: 10.1080/09638288.2018.1554009.
- Curvis, W., Simpson, J., & Hampson, N. (2016a). Factors associated with self-esteem following acquired brain injury in adults: A systematic review. *Neuropsychological Rehabilitation*, 1-42. <http://doi.org/10.1080/09602011.2016.1144515>
- Curvis, W., Simpson, J., & Hampson, N. (2016b). Social anxiety following traumatic brain injury: exploration of associated factors. *Neuropsychological Rehabilitation*, 1-21. <http://doi.org/10.1080/09602011.2016.1175359>
- Hampson, N. E. (2016). Neuropsychological assessment of myotonic dystrophy type 1: a case study. *Psychology of Older People Special Edition – Psychological Working with Neurodegenerative Diseases*, 136, 9-14.
- Hampson, N. E., Miller, C., & King, L. (2016). Initial development of a pathway for managing the cognitive and psychological symptoms associated with Parkinson’s Disease. *Psychology of Older People: FPOP Bulletin Special Edition – Psychological Working with Neurodegenerative Diseases*, 136, 15-20.
- King, L., Hampson, N., Flint, A. & Speake, G. (2016). Evaluation of a psychological skills group for people with multiple sclerosis. *Clinical Psychology Forum Special Issue: Service Innovation*, 288, 28-33.
- Kemp, S., Duff, A. & Hampson, N.E. (2016). A prospective longitudinal study into the neuropsychological and neuroimaging consequences of playing football. *Brain Injury*, 16, 1-7.
- Hampson, N.E. (2014). *Structured Rehabilitation Programmes for People with Neurological Conditions: Relaxation*. Salford Royal NHS Foundation Trust.
- Hampson, N.E., Kemp, S., Moulin, C, Coughlan, A.K. & Bhakta, B. (2014). Effort Test Performance in Clinical Acute Brain Injury, Community Brain Injury, and Epilepsy Populations. *Applied Neuropsychology: Adult*, 21, 183-194.
- Halstead, J.E. & Hampson, N.E. (2008) Helpful aspects of therapy: A comparison of three classification systems. Poster presented as part of the 39th Society for Psychotherapy Research International Conference, Barcelona.
- Hampson, N.E., Meads, D.M., McKenna, S.P., Doward, L.C. & Turk, F. (2005). Factors influencing quality of life in atopic dermatitis. *Value in Health*, 8 (6): A149. (Receiving ‘Best New Investigator’ poster presentation award at The International Society for Pharmacoeconomics and Outcomes Research 8th Annual European Conference).
- Meads, D.M., Hampson, N.E., Fisk, J.D., McKenna, S.P., Doward, L.C. & Mayo, K.W. (2005). Rasch analysis of the Fatigue Impact Scale. *Value in Health*, 8 (6): A70.
- Doward, L.C., McKenna, S.P., Meads, D.M., Kavyasiddhi, D., Hampson, N.E. & Mayo, K.W. (2005). The symptomatic, functional and quality of life impact of multiple sclerosis: report on a qualitative investigation of the patients’ perspective. *Value in Health*, 8 (6): A135.

References

Dr Russell Sheldrick
Consultant Clinical Neuropsychologist

Prof Steven Kemp
Consultant Clinical Neuropsychologist

Reference contact details available on request