

Dr Róisín Cunningham

MA (Hons), MSc. Clin Psy., PhD, D. Clin. Psychol.
Registered Clinical Psychologist

Clinical Psychologist



Within my own clinical practice, predominantly in physical health with an emphasis on Acquired Brain Injury, I draw from a variety of approaches, particularly Acceptance and Commitment Therapy, mindfulness and Cognitive Behaviour Therapy. My NHS clinical work involves supporting the rehabilitation of cognitive functions, such as memory, attention and executive functioning, whilst promoting psychological adjustment to people's changed life circumstances. Therapeutically, I have extensive experience in supporting adjustment following a brain injury, recognising the need to consider neuropsychological, psychological and systemic factors throughout this process. I particularly value basing this work on individualised formulations integrating psychological concepts and models.

Qualifications

PGDip Clinical Neuropsychology

Canterbury Christ Church University - Ongoing 2021 to present

Doctorate in Clinical Psychology

University of Liverpool – 2013

PhD ('Caregiving in late-life depression')

University of Liverpool – 2010

MSc Foundations of Clinical Psychology

University of Wales, Bangor – 2006

MA (Hons) Psychology (2:1 Class Degree) (with Graduate Basis for Chartered Membership)

University of Aberdeen – 2004

Membership of Professional Bodies

- Registered Clinical Psychologist - Health Care Professions Council (HCPC)
- Association of Clinical Psychologists - UK

Experience

Consultant Clinical Psychologist (8c)

December 2019 - Present

Liverpool University Hospitals NHS Foundation Trust

Within this role, I act as a clinical specialist within Stroke and Major Trauma, with input into homelessness services, in addition to leadership duties, clinical supervision, responsibility for clinical governance and strategic development. I provide clinical supervision to Senior Clinical Psychologists and provide support to the Professional lead for Psychology.

Principal Clinical Psychologist (8b)

July 2018 – December 2019

Liverpool University Hospitals NHS Foundation Trust

Within this role, I acted as a clinical specialist within a number of clinical areas, including Stroke, Major Trauma & Behçet's Disease (Under the Behçet's Disease Centre of Excellence) in addition to leadership duties and supervision.

Senior Clinical Psychologist (8a)

January 2015 – July 2018

Aintree University Hospital NHS Foundation Trust

Within this role, I acted as a clinical specialist within a number of clinical areas, including Stroke, Major Trauma & Behçet's Disease (Under the Behçet's Disease Centre of Excellence).

Clinical Psychologist (B7) (0.6 WTE)

September 2013 – January 2015

5 Boroughs Partnership NHS Foundation Trust

As a band 7 clinical psychologist working in the Learning Disabilities Directorate I was responsible for direct therapy with patients, indirect and consultation working with care home and support providers, as well as patient's families. I was also responsible for eligibility assessments for entry into LD services.

Clinical Psychologist (B7) (0.5 WTE)

September 2013 – January 2015

Bridgewater Community Healthcare NHS Foundation Trust

This post was based at the Warrington ABI and community neuro team. I was involved in the Stroke psychology service, providing emotional support and therapy for patients following their stroke. In my ABI role, I was responsible for neuropsychological assessment and rehabilitation.

Trainee Clinical Psychologist

September 2010 – September 2013

University of Liverpool/ Mersey Care NHS Trust

I completed my D. Clin. Psychol. at the University of Liverpool. The course has three aspects; academic teaching covering a wide variety of psychological theories and their application to clinical practice material, clinical placements in the four core specialties as well as elective placements in the final year, and research skills.

Research Associate/ Demonstrator

October 2009 – September 2010

Dept. of Psychology, University of Liverpool

During my PhD studies and for a time afterwards, I held two positions within the Department of Psychology. In my role as demonstrator I had a variety of responsibilities including undergraduate lecturing on statistics and research methods, giving undergraduate tutorials and seminars, including practical SPSS classes, and marking of assessed coursework and exams. In my role as a research associate, I was responsible for data collection and analysis, dissemination of findings at a local and national level, including service-user feedback, supervision of undergraduate research projects and data analysis. As well as research, I was required to lecture to final year students.

Relevant CPD

Complex Neuropsychological Cases Peer Supervision

Aintree University Hospital NHS Trust – ongoing

Complex PTSD & Dissociation

Heather Sequeira - 12-13 January 2021

An introduction to compassion focused therapy

Tobyn Bell, The Compassionate Mind Foundation June 17th-18th 2021

CFT for Physical Health and Pain (CFT part 3)

Zoey Malpus – September 2021

Acceptance & Commitment Therapy: 100 key points and techniques workshop

Contextual Consulting – July 2020

Cognitive Analytic Therapy in Physical Health (one-day)

Catalyse - 2020

Institute of Leadership and Management Level 5 diploma

Institute of Leadership and Management – 2019

BPS Approved Certificate in Trauma Treatments

SDS – 2018

Clinical Supervisor Training

University of Liverpool - 2015

Cognitive Problems following Stroke

UK Stroke Forum – 2015

Psychological adjustment following Stroke

UK Stroke Forum – 2015

Positive Behavioural Support

Institute for Applied Behaviour Analysis, Manchester – 2014

Two-day Introduction to Cognitive Analytic Therapy

Association for Cognitive Analytic Therapy (ACAT) - 2013

References

Dr Jane Hutton

Lead Consultant Clinical Psychologist
Liverpool University NHS Trust

Dr Melissa James

Principal Clinical Psychologist
North West Boroughs NHS Trust

Reference contact details available on request