

# Dr Emily Shah

BSc, MSc, D.Clin.Psy., CPsychol

## Clinical Psychologist Specialising in Neuropsychology



I am an established clinical psychologist working in neuropsychology. My work experience includes working with those that have suffered an acquired brain injury and other neurological disorders. I also have experience working with older adults and those with learning disabilities. My current NHS role is in a tertiary neuropsychology service for neurology and neurosurgery, providing in-depth neuropsychological assessment and therapeutic intervention focused on adjustment to neurological conditions.

My specialist interests include epilepsy, functional neurological disorders and how trauma can impact on cognitive function. I have published numerous articles related to neuropsychology with my research winning awards at national and international conferences. I have lectured at universities across the country.

I firmly believe that it is possible to live a rich and meaningful life alongside neurological conditions and draw from multiple therapeutic models to support this including Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Eye Movement Desensitisation and Reprocessing (EMDR).

## Contact details

I undertake private work as an associate with Newby Psychological Services and can be contacted at: [info@newbypsychological.co.uk](mailto:info@newbypsychological.co.uk) / +44 (0)7775 437363

## Qualifications

### PGDip Clinical Neuropsychology

University of Bristol - current

### Doctorate in Clinical Psychology

University of East London – 2019

### BSc (Hons) Psychology

University of York – 2012

## Membership of Professional Bodies

- Registered Clinical Psychologist - Health Professionals Council (HCPC No. PYL37532)
- Member of the British Psychological Society (BPS No. 700474)
- Member of the Division of Neuropsychology
- Member of EMDR Association UK (No. S0907)
- Registered as a Chartered Psychologist

## Experience

### Clinical Psychologist in Neuropsychology

**Newby Psychological Services Ltd**

March 2024-Present

In my role with Newby Psychological Services I am primarily providing neuropsychological rehabilitation and therapy to support those affected by acquired brain injury. This includes those also affected by trauma, functional neurological disorders, and conducting capacity assessments.

### Clinical Psychologist in Neuropsychology (8A)

**The Walton Centre NHS Foundation Trust**

October 2023-Present

Neuropsychological assessment and brief intervention for a wide range of presentations in a specialist regional centre. Also running groups for functional neurological disorder.

### Clinical Psychologist (8A)

**Cheshire and Wirral Partnership NHS Trust**

2020 – 2023

Working in a community learning disability team. Assessment of learning disability, and dementia. Interventions for moderate to severe mental health difficulties, working with individuals, families, and wider systems. Adapting approaches for varying cognitive and communicative needs. Interventions for behaviours that challenges others using positive behaviour support approach. Developed and led dementia pathway. Training, consultation, and service development.

### Associate Clinical Tutor

**University of East London**

2020 – 2024

Offering support to trainee psychologists as a clinical tutor; monitoring placements and approval for progression on training.

### Clinical Psychologist (8A)

**Cornwall Foundation NHS Trust**

2019 – 2020

Working in an older adults CMHT and dementia service. Offering assessment and intervention to people with dementia, their families, and paid care staff. Interventions for reducing behaviour that

challenges using Newcastle model. Intervention work for moderate to severe mental health difficulties. Training, consultation, and service development.

## Trainee Clinical Psychologist

2016 – 2019

### Camden and Islington NHS Trust

Placements in brief relational psychodynamic primary care service; paediatric liaison; community learning disabilities; secondary care psychological therapies.

## Relevant CPD

- Eye Movement Desensitization and Reprocessing (EMDR) training, EMDR Academy.
- Neuro EMDR, EMDR UK.
- Dialectical-Behaviour Therapy, University of Bangor.
- Compassion Focussed Therapy, The Compassionate Mind Foundation.
- Video-Interactive Guidance, AVIGUK.
- Foundation Year in Group Analysis, Group Analysis North.
- Ongoing PGDip in Clinical Neuropsychology, University of Bristol.

## Publications

Marsh, L., Guinan, E., Shah, E., Powell, M., Lowy, C., & Kopelman, M. D. (2020). A prospective study of the cognitive and psychiatric effects of pituitary tumours and their treatments. *Journal of Clinical Neuroscience*, 75, 122-127.

Skirrow, C., Cross, J. H., Owens, R., Weiss-Croft, L., Martin-Sanfilippo, P., Banks, T., Shah, E. & Baldeweg, T. (2019). Determinants of IQ outcome after focal epilepsy surgery in childhood: A longitudinal case-control neuroimaging study. *Epilepsia*, 60(5), 872-884.

Shah, E., Bird, J. S., & Shotbolt, P. (2018). Epilepsy and concomitant obsessive-compulsive disorder. *Epilepsy & Behavior Case Reports. Available online*, 20.

Kemp, S., Garlovsky, J., Reynders, H., Caswell, H., Baker, G., & Shah, E. (2016). Predicting the psychosocial outcome of epilepsy surgery: A longitudinal perspective on the 'burden of normality'. *Epilepsy & Behavior*, 60, 149-152.

Shah, E., Lodh, R., Siddell, P., & Morrall, M. C. (2016). Interventions for managing weight change following paediatric acquired brain injury: a systematic review. *Developmental Medicine & Child Neurology*, 58(10), 1004-1008.

Shah, E., Reuber, M., Goulding, P., Flynn, C., Delanty, N., & Kemp, S. (2016). Clinical experience with adjunctive perampanel in adult patients with uncontrolled epilepsy: a UK and Ireland multicentre study. *Seizure*, 34, 1-5.

## References

Reference contact details available on request.