

Dr Kate Riach

BSc Hons, D.Clin.Psy., QiCN, PGDip

Consultant Clinical Neuropsychologist



Kate is a Consultant Clinical Neuropsychologist with over 20 years' experience supporting people with neurological, functional, developmental, and psychological difficulties. She holds a First-Class degree and Doctorate in Clinical Psychology from the University of Manchester and the British Psychological Society Qualification in Clinical Neuropsychology (QiCN).

She provides neuropsychological and capacity assessments and evidence-based therapies, including Acceptance and Commitment Therapy (ACT) and Cognitive Behavioural Therapy (CBT), to enhance wellbeing and quality of life. She is also a Clinical Lead for Differential Diagnostics at an NHS Neurosciences Centre, where she contributes to research, teaching, and service development.

Contact details

I undertake private work as an associate with Newby Psychological Services and can be contacted at: info@newbypsychological.co.uk / +44 (0)7759 148284.

Qualifications

Diploma in Clinical Neuropsychology (Distinction)

University of Nottingham – 2015

Qualification in Clinical Neuropsychology – Adult (QICN)

The British Psychological Society – 2013

Doctorate in Clinical Psychology

University of Manchester – 2007

BSc (Hons) in Psychology (1st Class)

University of Manchester – 2002

Membership of Professional Bodies

- Registered Clinical Psychologist - Health Care Professions Council (HCPC)
- BPS Division of Clinical Psychology, Division of Neuropsychology, Faculty for the Psychology of Older People and the Leadership and Management Faculty.

Experience

Associate Clinical Neuropsychologist

November 25 – present

Newby Psychological Services Ltd

In my role with Newby Psychological Services, I undertake neuropsychological and capacity assessments and provide neuropsychological rehabilitation and therapy to support clients, families and staff with managing the impact of neurological injury and illness.

Consultant Clinical Neuropsychologist

April 2021 – present

Northern Care Alliance – Salford Royal Hospital, Manchester Centre for Clinical Neurosciences

I am the Clinical Lead for differential diagnostics. As such, I work with adults of all ages with a wide range of neurological and/or functional neurological conditions. I also oversee the pre-and post- surgical assessments and interventions for individuals with a range of neurological conditions (including Idiopathic Normal Pressure Hydrocephalus, Parkinson's disease, essential tremor and dystonia). I play a lead role in service development, research, supervision and consultancy.

Associate Lecturer:

March 2021 – present

Diploma in Neuropsychology

Canterbury Christ Church University

I am involved in developing and delivering lectures and examining, for the Diploma in Clinical Neuropsychology.

Lead Clinical Neuropsychologist:

December 2021 – April 2025

Post Covid Service

Greater Manchester Mental Health NHS Foundation Trust

I was the Lead Neuropsychologist for the Greater Manchester Mental Health Trust Wide Post Covid Syndrome Service. I led the development and delivery of the Neuropsychology pathway (neuropsychological assessments and subsequent cognitive rehabilitation). I provided regular supervision, teaching and consultation to my psychology and MDT colleagues.

Lead Clinical Neuropsychologist:

March 2020 – April 2025

Wigan Memory Service

Greater Manchester Mental Health NHS Foundation Trust (formerly North-West Boroughs NHS Foundation Trust)

I was the Lead Neuropsychologist in the Memory service overseeing the assessment, diagnosis, compensatory rehabilitation and post diagnostic support for individuals with dementia/suspected dementia and their carers/families. I contributed to service developments (e.g. pathways, business plans, recruitment) and provided regular supervision, training and consultation to both my psychology and MDT colleagues.

Lead Clinical Neuropsychologist:

October 2014 – March 2020

Bolton and Salford Memory Services

Greater Manchester Mental Health NHS Foundation Trust

I was the Lead Clinical Neuropsychologist across Bolton and Salford Memory services. I led a team of 3 Clinical Psychologists, 5 Assistant Psychologists and Trainees from the 3 North West Courses. I led the

provision of high-quality assessments, diagnoses and follow up support for individuals with dementia/suspected dementia and their families. I provided regular supervision, training and consultation to both my psychology and MDT colleagues.

Lead Clinical Neuropsychologist: November 2013 – October 2014

West Sussex Memory Service

Sussex Partnership NHS Trust

I was the Lead Neuropsychologist across West Sussex. I led a team of Clinical Psychologists and trainees. I developed diagnostic and post diagnostic support pathways. I supported both psychology and MDT colleagues through supervision, consultation and training.

Specialist Clinical Psychologist/ January 2009 – November 2013

Neuropsychologist

Older Adult Neuropsychology

Greater Manchester West NHS Foundation Trust

I was involved in setting up the Bolton Memory Assessment and Treatment Service. I also worked therapeutically with older adults (both with and without neurological difficulties) and/or their families, help them achieve their person-centred goals (including the development of behavioural support plans).

Specialist Clinical Psychologist Locum September 2011 –

Stroke/Neurology/Traumatic Brain Injury September 2012

Bolton Acute NHS Trust

I worked under the supervision of a Consultant Clinical Neuropsychologist to gain experience working with individuals with primary head injuries, strokes and/or epilepsy. I provided assessments and interventions (cognitive rehabilitation) and worked closely with MDT colleagues to deliver patient care.

Clinical Psychologist October 2007– December 2008

Older Adult Services

Pennine Care NHS Trust

I worked as a newly qualified Clinical Psychologist within an MDT in Pennine Mental Health Services - I worked therapeutically with clients, carried out detailed neuropsychological assessments and functional analyses.

Relevant CPD

- 2025 Accelerated Leadership Development Programme, Northern Care Alliance (NCA)
- 2025 Driving Assessments, RDAC
- 2025 Performance Validity Testing in Neuropsychological Assessment, NCA
- 2025 Competency Framework for Neuropsychological Assessment, University of Southampton
- 2024 The Effect of the APOE4 Gene on Neurocognitive Decline and Possible Mitigating Interventions, MOCA Cognition
- 2023 Bond Solon Excellence in Report Writing
- 2023 LGBTQ and Dementia Training, LGBT Foundation
- 2023 Dementia - Understanding Brain Perspective (Neuroimaging), GMMH NHS Trust

- 2020 Advanced Supervisor Training Workshop: Remote Supervision, Lancaster University
- 2020 Remote One-Day conference on Neuropsychological Testing in the COVID age: the case for teleneuropsychology, run by Irwin Mitchell Solicitors, LLP
- 2020 One-Day conference on Neuropsychology in the Current Context, run by the Division of Neuropsychology, BPS

Recent Publications

Riach, K. (2024). Keeping our work neuropsychologically informed. BPS FPOP, Leicester

References

Reference contact details available on request