

# Dr Emily Shah

BSc (Hons), PGDip, MSc, DClInPsy, CPsychol



## Specialist Clinical Psychologist in Neuropsychology

I am an established clinical psychologist working in neuropsychology. My work experience includes a regional specialist neuropsychology service for neurology and neurosurgery, providing in-depth neuropsychological assessment and therapeutic intervention focused on adjustment to neurological conditions, and specialist older adults and learning disabilities community teams. This means I am well placed to work with older clients and clients with early life brain injuries.

My specialist interests include post-traumatic stress disorder, epilepsy, and functional neurological disorders. I have published numerous articles related to neuropsychology, with my research winning awards at national and international conferences. I have lectured at universities across the country and worked as an associate clinical tutor for the Doctorate in Clinical Psychology programme at the University of East London.

I firmly believe that it is possible to live a rich and meaningful life alongside neurological conditions. I draw from multiple therapeutic models to support this including Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Eye Movement Desensitisation and Reprocessing (EMDR). I offer a warm and down-to-earth approach when working with clients.

## Qualifications

### PGDip Clinical Neuropsychology

University of Bristol - 2025

### Doctorate in Clinical Psychology

University of East London – 2019

### MSc Clinical Neuroscience

King's College London – 2013

### BSc (Hons) Psychology

University of York – 2012

## Membership of Professional Bodies

- Registered Clinical Psychologist - Health Professionals Council (HCPC No. PYL37532)
- Member of the British Psychological Society (BPS No. 700474)

- Member of the Division of Neuropsychology
- Member of EMDR Association UK (No. S0907)
- Registered as a Chartered Psychologist

## Experience

### Clinical Psychologist in Neuropsychology

**Newby Psychological Services Ltd**

2024 - Present

In my role with Newby Psychological Services I provide neuropsychological rehabilitation and therapy to support those affected by acquired brain injury, including those also affected by trauma, functional neurological disorders, and conducting capacity assessments.

### Clinical Psychologist in Neuropsychology

**The Walton Centre NHS Foundation Trust**

2023 - 2025

Neuropsychological assessment and brief intervention for a wide range of presentations in a specialist regional centre. Also running groups for functional neurological disorder.

### Associate Clinical Tutor

**University of East London**

2020 – 2025

Offering support to trainee psychologists as a clinical tutor; monitoring placements and approval for progression on training.

### Clinical Psychologist

**Cheshire and Wirral Partnership NHS Trust**

2020 – 2023

Working in a community learning disability team. Assessment of learning disability, and dementia. Interventions for moderate to severe mental health difficulties, working with individuals, families, and wider systems. Adapting approaches for varying cognitive and communicative needs. Interventions for behaviours that challenges others using positive behaviour support approach. Developed and led dementia pathway. Training, consultation, and service development.

### Clinical Psychologist

**Cornwall Foundation NHS Trust**

2019 – 2020

Working in a dementia and complex needs service. Offering assessment and intervention to people with dementia, their families, and paid care staff. Interventions for reducing behaviour that challenges using Newcastle model. Intervention work for moderate to severe mental health difficulties. Training, consultation, and service development.

### Trainee Clinical Psychologist

**Camden and Islington NHS Trust**

2016 – 2019

Placements in brief relational psychodynamic primary care service; paediatric liaison; community learning disabilities; secondary care psychological therapies.

## Research Associate/Assistant Psychologist

2013 – 2016

### King's College London

Responsible for the recruitment, coordination, and cognitive testing of the London branch of the GREAT trial. This study looked at the use of cognitive rehabilitation in early dementia.

### UCL Great Ormond Street Institute for Child Health

I worked on a study looking at reorganisation of the brain's language areas in children after epilepsy surgery. My responsibilities included recruitment, cognitive testing, fMRI pre-processing, and data analysis.

### Leeds Teaching Hospitals NHS Trust

Responsible for neuropsychological test administration, research study design, recruitment, data collection and analysis, and study publications.

## Relevant CPD

- PGDip in Clinical Neuropsychology, University of Bristol.
- Advanced Mental Capacity Act and Best Interests, Edge Training & Consultancy.
- Eye Movement Desensitization and Reprocessing (EMDR) training, EMDR Academy.
- Neuro EMDR, EMDR UK.
- Dialectical-Behaviour Therapy, University of Bangor.
- Compassion Focussed Therapy, The Compassionate Mind Foundation.
- Video-Interactive Guidance, AVIGUK.
- Foundation Year in Group Analysis, Group Analysis North.

## Publications

Marsh, L., Guinan, E., Shah, E., Powell, M., Lowy, C., & Kopelman, M. D. (2020). A prospective study of the cognitive and psychiatric effects of pituitary tumours and their treatments. *Journal of Clinical Neuroscience*, 75, 122-127.

Skirrow, C., Cross, J. H., Owens, R., Weiss-Croft, L., Martin-Sanfilippo, P., Banks, T., Shah, E. & Baldeweg, T. (2019). Determinants of IQ outcome after focal epilepsy surgery in childhood: A longitudinal case-control neuroimaging study. *Epilepsia*, 60(5), 872-884.

Shah, E., Bird, J. S., & Shotbolt, P. (2018). Epilepsy and concomitant obsessive-compulsive disorder. *Epilepsy & Behavior Case Reports*. Available online, 20.

Kemp, S., Garlovsky, J., Reynders, H., Caswell, H., Baker, G., & Shah, E. (2016). Predicting the psychosocial outcome of epilepsy surgery: A longitudinal perspective on the 'burden of normality'. *Epilepsy & Behavior, 60*, 149-152.

Shah, E., Lodh, R., Siddell, P., & Morrall, M. C. (2016). Interventions for managing weight change following paediatric acquired brain injury: a systematic review. *Developmental Medicine & Child Neurology, 58*(10), 1004-1008.

Shah, E., Reuber, M., Goulding, P., Flynn, C., Delanty, N., & Kemp, S. (2016). Clinical experience with adjunctive perampanel in adult patients with uncontrolled epilepsy: a UK and Ireland multicentre study. *Seizure, 34*, 1-5.

## References

Reference contact details available on request.