

Dr Katherine Maddox

BSc, D.Clin.Psy., MSc, QiCN



Consultant Clinical Neuropsychologist

My specialist interests include cognitive rehabilitation, working with anxiety disorders and working with people who have experienced trauma. I am dedicated to using Acceptance and Commitment Therapy to help people adjust to living life with a neurological condition and Eye Movement Desensitisation and Reprocessing (EMDR) to help people move forward from recent and previous trauma. I have worked in later life mental health, memory clinics, general neuropsychology, including traumatically acquired brain injury, neurosurgical services with people with brain tumours, epilepsy and colloid cysts, and currently lead a service offering psychological and neuropsychological support to neurology patients during their hospital stay.

Contact details

I undertake private work as an associate with Newby Psychological Services and can be contacted at: info@newbypsychological.co.uk / +44 (0)7775 437363

Qualifications

Qualification in Clinical Neuropsychology (QiCN)

British Psychological Society (2017)

Masters in Clinical Neuropsychology

University of Nottingham (2013)

Clinical Psychology Doctorate

University of Manchester (2007)

BSc Psychology with Sociology

University of Bath (2002)

Membership of Professional Bodies

- On Specialist Register of Clinical Neuropsychologists
- Member of Health Professionals Council (HCPC No. PYL16240)
- Member of the British Psychological Society (BPS No. 251069)
- Member of the Division of Neuropsychology
- Registered as a Chartered Psychologist

Experience

Associate Clinical Neuropsychologist specialising in Neuropsychology

Newby Psychological Services Ltd

January 2021 - present

In my role with Newby Psychological Services I am primarily providing neuropsychological rehabilitation and therapy to support those affected by acquired brain injury and conducting capacity assessments.

Consultant Clinical Neuropsychologist (8C) September 2022-Present

Salford Royal Foundation Trust

I lead the service that provides inpatient neuropsychological support and care to neurology patients which includes people with brain injury, brain tumours, epilepsy, stroke and degenerative conditions. My role includes supervising / managing a team, service development as well as seeing patients and families for various types of clinical work (i.e. mood / adjustment support, managing behaviours in distress, cognitive assessment / rehabilitation and capacity assessments).

Clinical Neuropsychologist (8B)

June 2019 – September 2022

Salford Royal Foundation Trust

I work primarily in the neuro-oncology service providing neuropsychological assessment and therapy to patients with brain tumors. I also work as part of the surgical MDT to provide intra-operative neuropsychological assessment and input to patients during awake craniotomies. My role includes general neurology outpatients with patients with a range of neurological problems including brain injury, epilepsy and dementia.

Clinical Neuropsychologist (8A)

2014 – 2019

The Walton Centre, Liverpool

My role involved providing neuropsychological assessment to clients with a wide range of neurological problems including dementia, epilepsy, Multiple Sclerosis and head injury. I provided assessment and psychological formulation for clients presenting with functional problems such as non-epileptic attack disorder (NEAD).

Providing psychological (CBT and ACT) and neuropsychological intervention for people with a range of presentations.

Clinical Psychologist (Band 7 and then 8A) Manchester Mental Health and Social Care Trust

2008 – 2014

Within this service I worked primarily in the memory clinic and later life CMHT providing neuropsychological assessment and treatment to more complex clients and evidence based psychological therapy for older adults and carers.

I led a service development associated with nurses offering basic neuropsychological testing to aid early diagnosis Consultation and supervision to the team and psychology assistants / trainees.

Clinical Psychologist (Band 7) Merseycare

2007 – 2008

Working primarily in Older Adult CMHT and Physical Health, including patient with diabetes, renal failure and who had experienced an amputation.

Led a service development offering psychological assessment to all older adult inpatients, with a view to enhancing wellbeing and rehabilitation.

Relevant CPD

- Healing Complex Trauma and Dissociation with Ego State Therapy and EMDR
- Eye Movement Desensitization and Reprocessing (EMDR) training
- Personal Injury Medico-Legal Training
- Acceptance and Commitment Therapy (ACT) General and Physical Health
- Supercharge your CBT – Fiona Kennedy
- Excellence in Report Writing Bond Solon course
- CBT Workshop for Depression- Christine Paedsky.

Publications

- Mclvor, K. and Moore, P. (2016). Spontaneous recovery of memory functions in an untreated case of anti NMDAR encephalitis – a reason to maintain hope. *The Clinical Neuropsychologist*, 31 (1), 289-300.
- Mclvor, K, Degnan, A., Pugh, L., Berry, K. (2019). Examining the Factor Structure and Psychometric Properties of a Guilt Management Scale (GMS). *Behavioral and Cognitive Psychotherapy*, 47 (2), 181-199.
- Storey, A., Nash, E., Dempsey, H., Mclvor, K., and Zarotti, N. (2025). "It's knowing that there are other people and they've accepted it": Patients' experiences of an acceptance and commitment therapy group intervention for people with neurological conditions. *Neuropsychological Rehabilitation*. <https://doi.org/10.1080/09602011.2025.2457666>
- Frazer-Greene, L., Mclvor, K. and Zarotti, N. (2025) Changing perspectives: Reflections on managing 'challenging behaviours' towards haemodialysis with an older person in an acute neurology setting. *FPOP Bulletin: Psychology of Older People* (172). pp. 86-91. <https://doi.org/10.53841/bpsfpop.2025.1.172.86>

References

Reference contact details available on request.